

## PRO TIP:

MANY RECREATION AREAS ARE OUT OF CELL RANGE. DOWNLOAD MAPS, **DIRECTIONS AND GUIDES BEFORE SETTING OUT ON YOUR ADVENTURE!** 

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The McCall area has always been a haven for snow seekers. From ski jumping competitions held at Blackwell Ranch in the 1920s to the development of three ski areas – the Little Ski Hill in 1937, Brundage Mountain Resort in 1961 and Tamarack Resort in 2004 – a love of winter sports has always been at the heart of the McCall community.

## **TAMARACK RESORT**

Tamarack offers 1,020 skiable acres to skiers and snowboarders of all ages and ability levels. With 2,800 feet of vertical terrain, there is always something new to explore. We love Tamarack for it's tree skiing, vertical drop (try "Bliss" for an amazing top-to-bottom run), an on-site ski-in, ski-out lodging options. Don't forget to check out the expanding Village with shops and new dining experiences!

## LITTLE SKI HILL

Built in 1937, the Little Ski Hill is the foundation of winter sports in McCall and the third oldest ski area in Idaho. Best known for it's terrain park and focus on providing youth with an opportunity to learn a variety of sports, the Little Ski Hill is a great stop for any family wanting to get in some turns this winter. Plus, it is the only place in the area that offers night skiing! Jump on the new T-bar lift for a ride to the top and ski a piece of history.

## **BRUNDAGE MOUNTAIN RESORT**

Brundage Mountain has earned the reputation for the Best Snow in Idaho™. It's no secret that the snow is deep and the lift lines are usually short. If you are just starting out,

Beartopia Fun Zone can't be beat. We also love the prime powder just off the main runs on the front side of the mountain - a great place to get your feet wet skiing or riding powder for the first time. And talk about the views!

For those after a deeper powder experience, guests can book a trip with Brundage SnowCat
Adventures for a taste of true backcountry skiing.

# FIRST-TIMER'S GUIDE

# 5 TIPS

### **#1. Dress for Success**

**Layer 1** – *Base* – Socks, thermal underwear, undershirt. Choose a synthetic material/ blend (avoid 100% cotton) that will wick moisture away from your body. Socks (1 pair) should be thin and long enough to rise above the boot.

**Layer 2** – *Insulating* – Fleece or wool works very well as a middle layer.

**Layer 3** – *Outer Layer* – Gloves, coat, ski/snow pants. Waterproof and wind resistant is the key.

**Safety** - A helmet and googles or sunglasses are essential on the mountain. And don't forget the sunscreen!

#### **#2. Rent Gear That Fits**

Avoid borrowing skis or snowboards from others since they are typically designed based on someone's height and weight. You will have a better experience with gear that fits your body and level of expertise. You can rent at the resorts or from local shops like Home Town Sports.

### **#3. Have Realistic Expectations**

You'll spend some time in the beginner area – and you should...don't get pressured into going on bigger slopes before you are ready. You will fall. Laugh and get back up. We highly recommend taking a lesson, even if it is only one!

#### #4. Don't Be A Gaper

"Gapers" are people who show up unprepared for the weather or who frequently violate the Skiers and Riders Responsibility Code:

- Always stay in control.
- People ahead of you have the right of way.
- Stop in a safe place where others can see you and out of the flow of ski traffic.
- Whenever starting downhill or merging from one trail to another, look uphill and yield to oncoming skiers and snowboarders.
- Use devices on your skis to help prevent runaway equipment.
- Observe all signs and warnings and keep off closed trails.
- Know how to use the lifts safely.

### **#5. Take Time For The Little Things**

The views from our mountains are gorgeous. The feeling of the snow, wind and sun on your face can be exhilarating and life-affirming. The thrill of gravity and the solace of nature are all part of what makes skiing and snowboarding sports worth learning – and enjoying for a lifetime. So don't forget to look around, listen to the sounds of the mountains, and be proud of yourself for trying something new!